

Complete Home Care of Ohio

Adult Day Program | London, Ohio | Monthly Activity Calendar

NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Fall Leaf Collage	3 Sing-Along & Chair Yoga	4 Brush & Smile	5 Coin & Bill Bingo	6 No-Bake Trail Mix	7
8	9 Paint a Mini Pumpkin	10 Handwashing Like a Pro	11 Veterans Day Thank-You Cards	12 Grocery Store Game	13 Scrambled Eggs & Toast	14
15	16 Beaded Bracelets & Keychains	17 Hair, Skin & Nail Care	18 FREE Outing: Madison Lake State Park	19 Cashier & Change Game	20 Easy Veggie Soup	21
22	23 Thankful Tree	24 Needs vs. Wants Sort	25 Pumpkin Pie Cups	26 Thanksgiving Gratitude Circle	27 Fresh & Clean: Laundry Basics	28
29	30 Holiday Card Making					

Schedule may change with weather or group needs.

2245-1 Us Rt 42, London, Ohio 43140 | 614-505-1455 | completehomecareohio.com

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Mon, Nov 2	Fall Leaf Collage	Glue real or paper leaves onto cardstock to make a colorful autumn picture.
Tue, Nov 3	Sing-Along & Chair Yoga	Sing along to favorite songs followed by gentle seated stretches and breathing.
Wed, Nov 4	Brush & Smile	How to brush and floss properly, how long and how often, and when to replace a toothbrush.
Thu, Nov 5	Coin & Bill Bingo	Bingo with play money. Practice naming and counting coins and bills.
Fri, Nov 6	No-Bake Trail Mix	Measure and mix a healthy snack. Practice reading a simple recipe.
Mon, Nov 9	Paint a Mini Pumpkin	Paint and decorate small pumpkins to take home or display.
Tue, Nov 10	Handwashing Like a Pro	Learn the 20-second wash, when to wash, and how to use hand sanitizer.
Wed, Nov 11	Veterans Day Thank-You Cards	Make cards for local veterans and share stories and songs of service.
Thu, Nov 12	Grocery Store Game	Shop with play money and a shopping list. Stay under budget and compare prices.
Fri, Nov 13	Scrambled Eggs & Toast	Safely crack eggs, cook, and plate a simple breakfast. Includes kitchen safety tips.

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DATE	ACTIVITY	WHAT WE'LL DO
Mon, Nov 16	Beaded Bracelets & Keychains	Thread beads into bracelets or keychains. Great for fine motor skills.
Tue, Nov 17	Hair, Skin & Nail Care	A pampering hour: hand lotion, nail filing, and daily grooming tips.
Wed, Nov 18	FREE Outing: Madison Lake State Park	Nature walk and picnic lunch, free to enter. Rain backup: a visit to the local library.
Thu, Nov 19	Cashier & Change Game	Take turns being shopper and cashier. Practice paying and counting change.
Fri, Nov 20	Easy Veggie Soup	Wash, peel, and chop soft veggies, then enjoy a warm soup together.
Mon, Nov 23	Thankful Tree	Make a paper tree and add leaves with things each person is thankful for.
Tue, Nov 24	Needs vs. Wants Sort	Sort picture cards into needs and wants, then plan a small pretend budget.
Wed, Nov 25	Pumpkin Pie Cups	Layer pudding, pumpkin, and whipped topping for a no-bake Thanksgiving treat.
Thu, Nov 26	Thanksgiving Gratitude Circle	Share what we are thankful for, then enjoy a festive Thanksgiving meal.
Fri, Nov 27	Fresh & Clean: Laundry Basics	Sorting, folding, and caring for clothes. Practice with towels and T-shirts.
Mon, Nov 30	Holiday Card Making	Design cards for family and friends using stamps, stickers, and markers.